

EightCAP, Inc.

Community Resource Directory



Gratiot County 2010-2011

...a Community Action Agency – John Van Nieuwenhuyzen, President

525 N State Street Ste 2 • Alma, MI • (989) 463-5693

(Michigan Relay Center • 1-800-649-3777 • Voice and TDD)

EightCAP, Inc. is an equal opportunity employer/program.

Auxiliary aids and services are available upon request to individuals with disabilities.

In this directory you will find valuable information for resources in your community. Names and phone numbers of local agencies that provide medical care, dental care, emergency assistance (such as food, clothing, shelter, utility payment assistance, etc.), and other services are included. At the time of this printing all information in the directory was accurate, but it can change at any time.

EightCAP, Inc. 0-5 Head Start includes government funded programs providing services to prenatal moms and children 0-5 years of age. Early Head Start is a 0-3 child development program that is offered to pregnant women, infants, and toddlers. This is a home-based or center-based program, with weekly visits to the home or day care and bi-weekly group meetings for the parent(s) and child/children. Head Start is a preschool program for children ages 3-5 which provides children with a safe environment, nutritious meals, health care, and a variety of educational activities that help prepare them for kindergarten and beyond. 0-5 Head Start is free of charge and serves children whose families are within certain income guidelines and children with certified disabilities. Studies have shown that children in need often start school without the skills and confidence to keep up with their classmates; and as the years pass, their troubles are compounded by doing poorly or dropping out of school entirely. 0-5 Head Start's goal is to close the gap; ensuring children begin school as confident, healthy, and prepared students, thereby increasing their chances of academic success.

Though the primary focus of 0-5 Head Start is the young child, the goals of the program do not end there. The mission of the program is to break the cycle of poverty and help families become and stay self sufficient. 0-5 Head Start recognizes that parents are the child's first and most important teachers and a valuable resource to the community. The program encourages parents to become involved in their child's education. Staff is dedicated to helping meet families' needs. When life's basic necessities are lacking, parenting can be very challenging. 0-5 Head Start assists each family in meeting their needs by using the resources of the family and the community.

**Call 1-800-227-2437 to register for
0-5 Head Start or Great Start Readiness Program**

Revised 5-10-10

QUICK FIND INDEX

Use the **Quick Find Index** pages as a quick reference for phone numbers. See the following Community Resource pages for further agency information.

<u>Abuse Child/ Spouse</u>	Department of Human Services (DHS) (page 12).....	(989) 875-5181
	Men Overcoming Violent Experiences (M.O.V.E.) (page 17).....	(989) 773-0078
	Mid South Substance Abuse Commission (page20).....	(517) 337-4406
	Women Overcoming Violent Experiences (W.O.V.E) (page 24)	(989) 773-0078
	Women's Aid Service (page 24)	(989) 463-6014
<u>Adult Education</u>	Adult and Alternative High School (page 8)	(989) 463-2488
	Alma College (page 8).....	(989) 463-7111
	Davenport University (page 12)	(989) 463-8922
	Federal Student Aid (FAFSA) (page 15).....	(800) 730-8319
	Fulton Alternative Education (page 15).....	(989) 236-5130
	Michigan Works (page 18)	(989) 466-4832
	Mid Michigan Community College (page 18).....	(989) 773-6622
	Mid Michigan Literacy Council (page 20).	(989) 462-0130
	Mid Michigan Migrant Education (page 20)	(616) 794-4753
	Montcalm Community College (page 20)	(616) 328-2111
	Mt. Pleasant Community Education (page20).....	(989) 775-2370
<u>Budgeting/ Financial</u>	Michigan State University Extension Office (page 18).....	(989) 875-5233
<u>Child Services</u>	Big Brothers Big Sisters (page 10)	(989) 463-3434
	Building Blocks III (page 10)... ..	(989) 875-4445
	Building Blocks IV Clinton County (page 10).....	(989) 224-1368
	Catholic Family Services (page 10).....	(989) 773-9328
	Child Advocacy of Central Michigan (page 11).....	(989) 463-1422
	Department of Human Services (DHS) (page 12)	(989) 875-4128
	Early On (page 13).....	(800) 699-5437
	EightCAP, Inc. Head Start (0-5) (page 13-14)	(989) 463-1325
	GIRSD/HSD/MAISD (page15)	(616) 225-6260
	Gratiot Isabella Regional Educational Service District (page 16).....	(989) 875-5101
	Great Start Readiness Program (page 16).....	(800) 227-2437
	Great Start Collaborative of Gratiot/Isabella Counties (page 16).....	(989) 875-5101
	Michigan Enrolls (page 17)	(989) 463-5693
	MIChild/Healthy Kids (page 18)	(888) 988-6300
	Mid-Michigan District Health Department (page 18)	(989) 875-3681
	Project Find (page 21).....	(989) 463-3232
	Special Olympics Michigan (page 23).....	(989) 774-3911
	Wraparound Program (page 24).....	(989) 875-8238
<u>Clothing</u>	Amazing Grace Outreach (page 9)	(989) 842-5813
	American Red Cross (page 9).....	(989) 463-3209
	Baby Pantry - Located at American Red Cross (page 10).....	(989) 463-3209
	Baby Pantry – Located at First Congregational Church (page 10).....	(989) 224-2636
	Career Closet (page 10)	(989) 463-6245

Community Services of Seventh Day Adventist Church (page 12)(989) 875-2149
 East Montcalm Baby Pantry (page 13)(989) 831-8817
 Human Services, Office of (page 16)(989) 681-4289
 Plaid Door (page 21).....(989) 463-1914
 Tri-County People Fund (page 23)..(800) 562-8232

Counseling

Alcoholics Anonymous (AA) (page 8).....(989) 463-4971

Services

Addiction Solutions Alma (page 8) (989) 968-4048
 Addiction Solutions Mt. Pleasant (page 8)... (989) 779-9449
 Alternative Counseling Center (page 9)...(989) 831-9111
 Catholic Family Services (page 10).....(989) 773-9328
 Community Hope Christian Counseling (page 11).....(616) 225-8220
 Community Mental Health Services of Gratiot County (page12)(989) 463-4971
 Mt. Pleasant Community Counseling Associates (page 20)..... (989)773-0221
 Parent Child Interaction Therapy Clinic (page 21).....(989) 774-3904
 Pine Rest (page 21).....(800) 678-5500
 Pregnancy Services of Gratiot County (page21).(989) 466-2295
 River’s Edge Drop-In (page 21)...(616) 522-9773
 Two Rivers Counseling (page 23)(517) 647-4747
 Women’s Aid Service (page 24).....(989) 463-6014

Dentists

(pages 24-27)

Disability

Ace Medical Supply (page 8) (989) 330-2937
 Alma Housing Commission (page 8).....(989) 463-4200
 CMU Speech and Hearing Clinic (page 11)(989) 774-3904
 Children’s Special Health Care Services/Mid-Mich Health Dept (pg19) .(989) 875-3681
 Community Mental Health Services of Gratiot County (page 12)(989) 463-4971
 Department of Human Services--(State Disability) (page 12).....(989) 875-5181
 Early On (page 13).....(989) 875-1008
 Gratiot Isabella Regional Educational Service District (page 16).....(989) 875-5101
 Lion’s Club (page 17)(989) 681-2549
 Mid-Michigan District Health Department (page 18).....(989) 875-3681
 Mid-Michigan Home Care and Hospice (page 19).....(989)466-3214
 Project Find (page 21).....(989) 463-3232
 Social Security Administration (page 23).....(800) 772-1213
 Special Olympics Michigan (page 23).....(989) 774-3911

Doctors

(pages 28-30)

Emergency

Ambulance911
 Fire911
 Gratiot County Sherriff Dept (page 16).....(989) 875-4128
 Montcalm County Sheriff’s Office (page 20)(989) 831-7590
 Poison Control Center (page 21)(800) 222-1222
 Police911

Eye Doctors

(page 30-31)

Food

Alma First Presbyterian Church (page 15)..... (989) 463-2940
 Amazing Grace Outreach (page 9) (989) 842-5813

American Red Cross Baby Pantry (page 9).....	(989) 463-3209
Angel Food Ministries (page 9).....	(989) 681-3467
Baby Pantry (page 10).....	(989) 224-2636
Community Café (page11).....	(989) 463-2940
Department of Human Services (DHS) (page 12).....	(989) 875-5181
East Montcalm Baby Pantry (page 13).....	(989) 831-8817
EightCAP, Inc. Community Services (page 13).....	(989) 463-5693
Elsie United Methodist Church Food Pantry (page 14).....	(989) 862-5500
First Presbyterian Church Food Pantry Ithaca (page 15).....	(989) 875-4437
Good Shepherd Lutheran Church (page 15).....	(989) 463-3056
M-46 Tabernacle (page 20).....	(989) 833-7625
Mid-Michigan Community Action Commodity Supplemental (page 18).....	(989) 386-3805
Mid-Michigan District Health Department (WIC) (page 18).....	(989) 875-3681
Office of Human Services (page 16).....	(989) 681-4289
Potter’s House (page 21).....	(989) 772-5681
Salvation Army (page 22).....	(989) 463-2864
Seventh Day Adventist of Alma (page 22).....	(989) 463-4512
Seventh Day Adventist of Riverdale (page 22).....	(989) 427-5297
Southwest Gratiot Area Food Pantry (page 23).....	(989) 236-7686
St. Louis Church of Christ (page 22).....	(989) 681-2524
St. Louis First Baptist Church (page 22).....	(989) 681-2524
St. Vincent de Paul (page 22).....	(989) 828-5720
Tri County People Fund (page 23).....	(800) 562-8232
United Methodist Church Food Pantry (page 23).....	(989) 842-5813

Food Pantries Appendix A (page 38-40)

<u>Furniture</u>	East Montcalm Baby Pantry (page 13).....	(989) 831-8817
	Human Services, Office of (page 16).....	(989) 681-4289

<u>General</u>	Community Resources Information and Referral (page 12).....	1-888-636-4211
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Government Directory (page 41)

<u>Head Start (0-5)</u>	Alma College Head Start (page 8).....	(989) 463-2797
	Alma Head Start (page 8).....	(989) 463-2635
<u>EightCAP</u>	EightCAP, Inc. (page 14).....	(989) 463-1325
	Ithaca Head Start (page 17).....	(989) 875-4441
	St. Louis Head Start (page 22).....	(989) 681-5492

Hospitals (page 33)

Hotline Numbers (pages 36-37)

<u>Housing</u>	Alma Housing Commission (page 8).....	(989) 463-4200
	Department of Human Services (DHS) (page 12).....	(989) 875-5181
	Emergency Housing Commission (page 14).....	(989) 466-0709
	ERA Central Real Estate, Inc. (page 15).....	(888) 293-3300
	Habitat for Humanity (HFH) (page 16).....	(989) 463-2244

	Housing (Low Income) (see page 34-35 for a complete listing)	
	Michigan State Housing Development Authority (MSHDA) (page 18) ...	(517) 373-8370
	Salvation Army (page 22).....	(989) 463-2864
	St. Louis Housing Commission (page 22).....	(989) 681-5100
	USDA Rural Development (page 24).....	(616) 942-4111
	Women’s Aid Service (page 24).....	(989) 463-6014
<u>Housing</u>	Commission on Aging (page 11).....	(989) 875-5246
<u>Repair</u>	EightCAP, Inc. Community Services Weatherization Program (page 14)	(989) 463-5693
	Gratiot County Housing Program (page 16).....	(989) 875-5251
	Tri-County People Fund (page 23).....	(800) 562-8232
	USDA Rural Development (page 24).....	(616) 942-4111
<u>Job</u>	Michigan Works (page 18).....	(989) 466-4832
<u>Placement</u>		
<u>Legal</u>	Center for Civil Justice (page 11).....	(800) 724-7441
	Counsel Advocacy Law Line (CALL) (page 12).....	(885) 783-8190
	Farmworker Legal Services (page 15).....	(800) 968-4046
	Friend of the Court (page 15).....	(989) 875-5226
	Legal Hotline for Michigan Seniors (page 17).....	(800) 347-5297
	Legal Services of Eastern Michigan (page 17).....	(800) 322-9142
<u>Libraries</u>	Alma Public Library (page 9).....	(989) 463-3966
	Ashley District Library (page 10).....	(989) 847-4283 x 1007
	Howe Memorial Library (page 16).....	(989) 842-3202
	Seville Township Library (page 22).....	(989) 833-7776
	T.A. Cutler Memorial Library (page 23).....	(989) 681-5141
	Thompson Home Public Library (page 23).....	(989) 875-4184
<u>Literacy</u>	Mid-Michigan Literacy Council (page 20).....	(989) 462-0130
	Reading Program (page 21).....	(989) 463-6255
<u>Mental Health</u>	(see Counseling Services)	
<u>Nutrition</u>	Michigan State University Extension Office (page 18).....	(989) 875-5233
	Mid-Michigan District Health Department (WIC) (page 18).....	(989) 831-5237
<u>Parenting</u>	Child Advocacy of Central Michigan (page 11).....	(989) 463-1422
	EightCAP, Inc. Head Start (0-5) (page 13-14).....	(989) 463-1325
	Parent Child Interaction Therapy Clinic (page 21).....	(989) 774-3904
	Pregnancy Services of Gratiot County (page 21).....	(989) 466-2295
<u>Schools</u>	Alma Public Schools (page 9).....	(989) 463-3111
<u>Public/Charter</u>	Ashley Community Schools (page 9).....	(989) 847-2101
	Breckenridge Community Schools (page 10).....	(989) 842-3182
	Fulton Schools (page 15).....	(989) 236-7300
	Ithaca Public Schools (page 17).....	(989) 875-3700
	St. Louis Public Schools (page 22).....	(989) 681-2545
<u>Senior</u>	Alma Housing Commission (page 8).....	(989) 463-4200
<u>Citizens</u>	Commission on Aging (page 11).....	(989) 875-5246

Isabella Commission on Aging (page 17).....(989)772-0748
 Legal Hotline for Michigan Seniors (page 17)(800) 347-5297
 Mid Michigan Home Care and Hospice (page 20)..... (800) 840-5235
 Social Security Administration (page 23).....(800) 772-1213

Substance Abuse

Addiction Solutions Counseling Center (ASCC) (page 8)(989) 968-4048
 Alcoholics Anonymous (page 8)(989) 463-4971
 Alternative Counseling Center (page 9)...(989) 831-9111
 Community Hope Christian Counseling & Mental Health Center.(p.11) .(616) 225-8220
 Mid-Michigan District Health Department (page 18)...(989) 831-5237
 Pine Rest (page 21)...(800) 678-5500

Transportation

Dial-A-Ride (page 13)(989) 463-6016

Utility Assistance

Department of Human Services (DHS) (page 12)(989) 875-5181
 EightCAP, Inc. Community Services (page 13)(989) 463-5693
 Emergency Housing Commission (page 14)(989) 466-0709
 Salvation Army (page 22).....(989) 463-2864

Volunteer Services

United Way of Gratiot County (page 24)(989) 463-6245

COMMUNITY RESOURCES

ACE MEDICAL SUPPLY

(989) 330-2937

Diabetic footwear. Gratiot contact.

ADDICTION SOLUTIONS COUNSELING CENTER (ASCC)

(989) 968-4048

525 N. State St., Suite #5, Alma, MI 48801

Hours: Monday through Thursday 8:00 am – 5:00 pm. Friday 9:00 am – 1:00 pm.

Substance Abuse counseling, abuse and trauma therapy, outpatient therapy, family/marital therapy, EMDR therapy, gambling treatment. Medicaid accepted. Payment assistance is available for substance abuse therapy.

ADDICTION SOLUTIONS COUNSELING CENTER

(989) 779-9449

218 Washington, Mt. Pleasant, MI 48858

Hours: Monday-Thursday 8:00 am-9:00 pm, Friday 9:00 am-5:00pm.

This program accepts most insurance. Outpatient Mental Health Substance Abuse Counseling as well as outpatient psychiatric care are provided. Offer group, family, couple, individual and adolescent counseling.

ADULT AND ALTERNATIVE HIGH SCHOOL

(989) 463-2488

Republic School 300 Republic Ave., Alma, MI 48801

Adult high school completion, alternative education, English as a Second Language, free tutoring, GED preparation and testing, adult literacy and tutoring, computer assisted learning, sports program, work based study program.

ALCOHOLICS ANONYMOUS (AA)

(989) 463-4971

Call Community Mental Health for local listings

or (800) 821-3014

Provides local listings for educational services for persons with alcohol, drug, or other related concerns. Services are also offered to families and friends of chemically dependent persons.

ALMA COLLEGE

(989) 463-7111

614 West Superior Street, Alma, MI 48801

www.alma.edu/

ALMA COLLEGE HEAD START

(989) 463-2797

614 West Superior, Alma, MI 48801

Best time to call is 8:00 am-8:30 am and 3:30 pm -4:30 pm.

ALMA HEAD START

(989) 463-2635

1010 West VanBuren Road, Alma, MI 48801

Best time to call is 8:00am-8:30 am and 3:30 pm-4:30 pm.

ALMA HOUSING COMMISSION

(989) 463-4200

400 E. Warwick Drive, Alma, MI 48801

Hours: Monday-Friday 9:00 am-4:00 pm (closed 12:00 pm-1:30 pm)

Safe, affordable 2, 3 and 4 bedroom apartments for low-income persons. One and two bedroom units are available to senior/ disabled individuals. Assistance is also available to rent from private landlords. Also Section 8 program.

ALMA PUBLIC LIBRARY**(989) 463-3966***351 North Court Street, Alma, MI 48801*

Hours: Monday & Friday 12:00 pm-9:00 pm; Tuesday, Wednesday, & Thursday
9:30 am-9:00 pm; & Saturday 9:30 am-5:30 pm

ALMA PUBLIC SCHOOLS**(989) 463-3111***1500 North Pine Avenue, Alma, MI 48801***ALTERNATIVE COUNSELING CENTER****(989) 831-9111***129 E. Main, Stanton, MI 48888*

Offer services for abuse: child/adult, adult education, child services, counseling services,
parenting, substance abuse, career counseling.

AMAZING GRACE OUTREACH**(989) 842-5813***8389 N. Wheeler Road, Wheeler, MI 48662*

Hours: Tuesday and Thursday 10:00 am-2:00 pm

Free food (can use up to 4 times per year) and clothing at reasonable prices.

Must furnish picture ID with current address.

AMERICAN RED CROSS**(989) 463-3209***525 N. State St. Suite # 3, Alma, MI 48801*www.gratiotredcross.org

Hours: Monday-Friday 8:30 am-5:00 pm

Armed Forces Emergency Services.

Baby Pantry on the 2nd and 4th Wednesday of each month from 11:00 am to 3:00 pm.

Used clothing, formula, diapers, jar food, personal care items and car seats available by
appointment.

Blood drives held year-round. Visit www.gratiotredcross.org for complete list.

Disaster Services- provides immediate, disaster-related needs to people facing emergency
situations such as a home fire.

Health and Safety Services-Certifications available from trained Red Cross instructors for
Adult, Child and Infant CPR, standard first aid, babysitter training, water safety, lifeguarding.

ANGEL FOOD MINISTRIESwww.angelfoodministries.com

Low cost food packages for \$30.00 (plus monthly specials).

Accepts cash, money order or Bridge Card. Checks not accepted.

Please call for order and distribution dates.

Ashley: East Washington Church United Brethren Church (989) 838-2314 (989) 847-3495

8051 S Crapo Rd., Ashley, MI 48806

Mt. Pleasant: Central Michigan Christian Church

(989) 773-1800

3433 South Lincoln Rd., Mt Pleasant, MI

Shepherd: Destiny Christian Ministries

(989) 773-1499

Blanchard Rd., Shepherd, MI 48883

St. Louis: St. Louis Church of the Nazarene

(989) 681-3467 (989)763-4959

1001 W. Washington St. St Louis, MI 48880

ASHLEY COMMUNITY SCHOOLS**(989) 847-2102***104 New Street, P.O. Box 6, Ashley, MI 48806*

ASHLEY DISTRICT LIBRARY**(989) 847-4283 x 1007***104 New Street, Ashley, MI 48806*

School Year Hours: Monday, Tuesday, 7:30 am-11:00 am, 12:00 pm-4:00 pm.

Summer Hours: Tuesday 2:00 pm – 6:00 pm. Wednesday and Thursday, 9:00 am-12:00 noon, 12:30 pm-3:00 pm.

BABY PANTRY**(989) 463-3209***Located at American Red Cross**525 N. State St., Suite # Alma, MI 48801*Hours: 2nd and 4th Wednesday 11:00 am – 3:00 pm.

Diapers, clothing and formula when available.

BABY PANTRY**(989) 224-2636***Located at First Congregational Church**100 Maple Avenue, St. Johns, MI 48879*

Hours: Tuesdays (except fifth Tuesday of the month) 11:00 am-5:00 pm

Food, clothing and special items for infants and toddlers in need, as available.

BIG BROTHERS BIG SISTERS**(989) 463-3434***227 E. Superior Street, Alma, MI 48801*

Hours: Monday-Friday 9:00 am-5:00 pm and other times by appointment.

Establishing and supporting one-on-one mentoring relationships with at risk youth in our community. Serving youth from 5 to 14 and offering parental support as well as mentor training.

BRECKENRIDGE COMMUNITY SCHOOLS**(989) 842-3182***700 Wright Street, Breckenridge, MI 48615***BUILDING BLOCKS III EARLY HEAD START****(989) 875-4445***125 S. Maple Street, Ithaca, MI 48847*

An Early Head Start Center. Best time to call is 8:00am -4:30 pm.

BUILDING BLOCKS IV EARLY HEAD START- CLINTON COUNTY **(989) 224-1368***4179 S. US 27, St. Johns, MI 48879*

An Early Head Start Center serving Clinton County Residents. Best time to call is 8:00 am to 4:30 pm.

CAREER CLOSET**(989) 968-4068***226 N. State St., Alma, MI 48801*

Hours: Tuesdays 5:30-7:30 pm, Thursdays Noon-1:00 pm.

Offering gently worn, professional clothing at no cost to women interested in entering the job market or in advancing their careers.

CATHOLIC FAMILY SERVICES**(989) 773-9328***210 Court St. Suite A, Mt. Pleasant, MI 48858*

Fees are based on a sliding scale. This program participates with most insurance.

Counseling services for children and adults, couples, and families, as well as parenting groups, bereavement groups, substance abuse assessments and counseling are provided.

CENTER FOR CIVIL JUSTICE**(800) 724-7441**

Free legal assistance to low-income persons if the problem affects a number of low-income persons. Deals with problems with Michigan's welfare system, health, childcare, work, nutrition and subsidized housing programs. The attorneys will provide workshops and trainings on many topics to clients and agencies. The center also helps clients understand and speak out on legislative and policy issues that affect them. Check our website at www.ccj-mi.org. For poverty law and public benefits log on to www.mplp.org. To determine whether you are eligible for food stamps, log on to www.foodstampshelp.org.

CENTRAL MICHIGAN UNIVERSITY SPEECH AND HEARING CLINIC**(989) 774-3904**

Speech- Complete evaluation, diagnosis and treatment for all speech and language disorders. Summer outpatient camp for children at Carls Center.

Hearing- Complete hearing assessment, speech reading, general listening skills training, and determination of need for an orientation to hearing aids. ABR testing for newborns and children. E&G testing. Fall and Balance clinic for prevention assessment for older adults.

Psychology Clinic- Psychological training and consultation center, violence reduction training program, trauma and anxiety disorders clinic, parent-child interaction therapy, psychological assessment clinic.

CHILD ADVOCACY OF CENTRAL MICHIGAN**(989) 463-1422***525 N. State Street, Suite# 4, Alma, MI 48801***or (800) 552-4489**

Hours: Monday-Friday 9:00 am–4:00 pm

Services available: training of childcare providers and DHS relative/ aides in Gratiot, Isabella and Clare counties; Happiest Baby on the Block training; parenting classes and child abuse and neglect (CAN) prevention education in Gratiot County.

COMMISSION ON AGING**(989) 875-5246***515 South Pine River Street, Ithaca, MI 48847*

Assistance for seniors 60 and over including case management, personal care, respite care, homemaking, home chore service, minor home repair, home-delivered meals, Senior Gratiot Newspaper, Food With Friends Program, Medicare-Medicaid Assistance Program, and referrals, help for prescriptions and utilities (when fund are available). Volunteer services available for transportation to appointments. Caregiver training. For information on the Foster Grandparent/Senior Companion Programs call the Isabella County Commission on Aging at (989) 772-0748.

COMMUNITY CAFÉ**(989) 463-2940***First Presbyterian Church**495 Charles Avenue. Alma, MI 48801*

Hours: Thursday 5:30 pm-6:30 pm

A free well-balanced meal to help people experiencing hard times. Kids Café is often an activity time from 4:15pm-5:15 pm for children before the meal, where they can make crafts and play games together.

COMMUNITY HOPE CHRISTIAN COUNSELING AND MENTAL HEALTH CENTER*6728 Vining Rd., Greenville, MI 48838***(616) 225-8220**

Hours: Monday-Thursday 9:00am-7:00pm. Some insurances accepted.

Counseling services for abuse: child/spouse, substance abuse.

COMMUNITY MENTAL HEALTH SERVICES OF GRATIOT COUNTY (989) 463-4971

320 Warwick, P.O. Box 69, Alma, MI 48801

Hours: Monday-Friday 8:00 am-5:00 pm (evenings by appointment)

Participates with Medicaid, Medicare, and most private insurances; sliding fee determined by ability to pay.

After hours & weekends (989) 463-1101 or 1-800-622-5583

24 hour mental health emergency services; family support and respite care; counseling and support groups; psychiatric services; mental health hospital care; infant mental health; outreach services for children, adults and geriatrics; case management or support coordination; Club House program; vocational/employment services; and community living support and skill building for developmentally disabled adults.

COMMUNITY RESOURCES INFORMATION & REFERRAL 1-888-636-4211

Provides callers with information about and referrals to human services for every day needs and in times of crisis. **Can also call 211**

- **Basic Human Needs Resources:** food banks, clothing closets, shelters, rent assistance, utility assistance
- **Physical and Mental Health Resources:**
- **Employment Supports:**
- **Support for Older Americans and Persons with Disabilities:**
- **Support for Children, Youth and Families:**
- **Volunteer Opportunities and Donations.**

COMMUNITY SERVICES OF SEVENTH DAY ADVENTIST (989) 875-2149

939 N. Pine River, Ithaca, MI 48847

Hours: Tuesday 8:00 am-12:00 pm

Clothing, bedding, and layettes available to Gratiot County residents, based on need.

Agency referrals preferred.

COUNSEL ADVOCACY LAW LINE (CALL) (888) 783-8190

Hours: Monday, Tuesday, Thursday, Friday 9:00 am – 3:00 pm.

Wednesday 12:00 pm – 6:00 pm.

An attorney-staffed telephone advice, brief service, pro se and referral system serving low income and senior people throughout much of Michigan. You may have a long hold but you will be able to speak to an attorney.

DAVENPORT UNIVERSITY (989) 463-8922

1500 Pine Avenue, Alma, MI 48801

www.davenport.edu/

Davenport University provides educational opportunities in higher education. The institution offers diplomas, associate, bachelor and masters programs in business, health and technology.

DEPARTMENT OF HUMAN SERVICES (DHS) (989) 875-5181

201 Commerce Drive, Ithaca, MI 48847

Hours: Monday-Friday 7:30 am-5:00 pm

New intakes will not be taken on Wednesdays

Food assistance program (FAP), medical assistance, FIP (Family independence program), child day care funding, State Emergency Relief for shelter and utilities, crisis prevention services, delinquency services, child foster home licensing, foster care placement, employment services, adult services and volunteer services. Protective Services deal with child/adult abuse and neglect. Toys for Tots applications may be filled out in the office in November.

DIAL-A-RIDE**(989) 463-6016***1105 Willow Run Drive, Alma, MI 48801 Dial-A-Ride and Bus Depot**www.ci.alma.mi.us*

Local public transportation and intercity public transportation.

Hours

- *Office Hours:* Monday-Friday 7:30 am-4:30 pm
- *Service Hours:* Monday-Sunday 7:30 am-8:00 pm
- *St. Louis Service Hours:* Monday, Wednesday, Friday 9:00 am, 12:00 pm, 3:00 pm, and Tuesday, Thursday 9:00 am, 3:00 pm

Fares

- *Alma City Limits:* Adults \$2.00 and children \$1.75; Seniors and disabled persons \$1.00
- *St. Louis:* Children and adults \$4:00 to \$5.00, Seniors \$2:00 to \$2.50, depending on corridor.
- *To Gratiot County Airport:* \$4.00 to \$2.00.
- *After 5:30 pm*-all fares are doubled
- *Preschool children*-ride free when accompanied by an adult
- All rates are one way.

DOMESTIC VIOLENCE SUPPORT GROUP**(See Women's Aid Service)****EARLY ON****(989) 772-0110***310 W. Michigan, Mt. Pleasant, MI 48858***(800) 699-5437**

Coordination of services for children 0-3 years of age with special needs, and developmental delays. Services include in-home evaluations, referring families for specialized care, and acting as a service coordinator. There are no income restrictions for eligibility. Local playgroups are available to eligible children. Call for more information.

EAST MONTCALM BABY PANTRY**(989) 831-8817***Located at Ferris Church of Christ**3443 Crystal Road, Vestaburg, MI 48891***(989) 268-5551**

Hours of distribution: Tuesday 10:00 am–6:00 pm

You must live within the following boundaries: Gratiot County – West of Warner Rd. and Montcalm County – East of Stevenson and Wyman Rd. Serving children newborn to age 5. As this is a supplemental pantry, each family will be restricted as to the number of items they may take each week. Items available free of charge to infants, toddlers and preschoolers through age 5 in need: baby food, formula, diapers, clothing (up to size 7), blankets, furniture (when available), and miscellaneous items.

EIGHTCAP, INC.**(989) 463-5693***525 N. State St. Street, Suite #2, Alma, MI 48801***or (989) 463-1325**www.eightcap.org**Administrative Office****(616) 754-9315***904 Oak Drive-Turk Lake, Greenville, MI 48838***or (866) 754-9315****Community Services****(989) 463-5693**

Coordinator: Roni Perez

- Heat/utility assistance when funding is available
- Home Weatherization
- USDA commodity cards and distribution
- Mid-Michigan Community Action distribution cards

- Referrals to food banks, legal services, etc.
- Income tax preparation of basic forms and rebates
- Certified Michigan Enrolls counselor
- Medicaid and DHS assistance applications available
- Other services available but not mentioned here

To apply for the above services you will be asked to bring the following:

- Birth dates for everyone in the home
- Social Security numbers for everyone in the home
- Proof of income for the last 30 days for the entire household
- A decision notice from DHS for shelter, utility and heat assistance

Additional documentation may be needed depending on the service you need below:

- *Heat/utility assistance*
 - ✓ Decision notice from DHS
 - ✓ Turn off notice or below 20% deliverable fuel
 - ✓ Copy of Home Heat credit or explanation of why you didn't apply
- *Weatherization*
 - ✓ Free program that will help lower your fuel costs and make your home more energy efficient
 - ✓ Services offered: water heater insulation blanket, low-flow shower head, wall, ceiling and floor insulation/ventilation, caulking, glass replacement, door sweeps, and weather stripping
 - ✓ Proof of income for the last 3 months for entire household
 - ✓ Call for an application

If you have any questions about the documentation needed for any of the above programs, please call.

Early Head Start **(989) 463-1325**

Serving pregnant women, infants, and toddlers ages 0-3 in Gratiot, Isabella, Montcalm, and Ionia counties with home visits, center based services, and family support.

Head Start **(989) 463-1325**

A federally funded free preschool program for children in Gratiot, Ionia, Isabella, and Montcalm counties. Head Start provides children with a safe environment, nutritious meals, health care, and the skills that help prepare them for kindergarten and beyond.

Threshold Academy **(616) 761-2296**

5827 Orleans Road, Orleans, MI 48865

The academy is a free public elementary school chartered through Central Michigan University and serves children grades K-6.

ELSIE UNITED METHODIST CHURCH FOOD PANTRY **(989) 862-5500**

Elsie American Legion

220 South Ovid Street, Elsie, MI 48831

Hours: Monday & Wednesday 8:00 am-9:00 am. One sack a month.

EMERGENCY HOUSING COMMISSION **(989) 466-0709**

P.O. Box 611, Alma, MI 48801

Provides assistance with emergency housing situations to low income families including repairs, rent, security deposits, shut off notices, and propane, lending up to \$300 in a no interest loan.

ERA CENTRAL REAL ESTATE, INC. (888) 293-3300

925 South Mission, Mt. Pleasant, MI 48858 or (989)773-6000

Helps process loan information for FHA/MSHDA mortgages.

FARMWORKER LEGAL SERVICES (800) 968-4046

3030 S. 9th Street, Suite 1A, Kalamazoo, MI 49009

Farmworker Legal Services is a division of Legal Services of South Central Michigan, providing free civil legal assistance to low-income persons, including migrant and seasonal farmworkers.

FLS represents and assists migrant and seasonal farmworkers with legal problems in the areas of employment, benefits, housing, education and immigration.

FEDERAL STUDENT AID (FAFSA) - FREE APPLICATION (866) 514-5948

www.fafsa.ed.gov

FIRST PRESBYTERIAN CHURCH FOOD PANTRY (989) 463-2940

495 Charles Avenue, Alma, MI 48801

Hours: Tuesday 1:30 pm – 3:30 pm. Servicing Alma, Riverdale, Elm Hall and Elwell.

You may receive food every other month, six times a year. Bring a picture ID.

FIRST PRESBYTERIAN CHURCH FOOD PANTRY (989) 875-4437

218 East Newark Street, Ithaca, MI 48847

Hours: Wednesday 9:30-11:30 am. 2nd Wednesday of month 6:30-7:30 pm.

Gratiot County residents only, south of Tyler Rd.

You may receive food once every 2 months. Bring one form of identification.

FRIEND OF THE COURT (989) 875-5226

214 East Center, Ithaca, MI 48847

Caseworkers available: Monday-Thursday 9:00 am -12:00, & 1:00 pm-3:00 pm

Friday 9:00 am-11:45am, & 1:15 pm-3:00 pm

FULTON ALTERNATIVE EDUCATION (989) 236-5130

8060 S. Ely Highway, Middleton, MI 48856

Adult education classes offered in Middleton, St. Louis, and Shepherd. Providing

Opportunities for students 16 and over to earn their High School diplomas.

FULTON SCHOOLS (989) 236-7300

8060 S. Ely Highway, Middleton, MI 48856

GIRESD/HSD/MAISD (616) 225-6260

621 New St. PO 367, Stanton, MI 48888

Working with the students, families and schools to provide support, safety and success to students and their families experiencing homelessness. Working with agencies, churches and organizations to accomplish stability and school success for these students.

“Leading, collaborating and serving to create education without Boundaries.”

GOOD SHEPHERD LUTHERAN CHURCH (989) 463-3056

7400 Begole Rd., Alma, MI 48801

Food pantry. Monday through Friday 9:00 am to 3:00 pm.

GRATIOT COUNTY CLERK

(989) 875-5215

214 E. Center Street P.O. Box 437, Ithaca, MI 48847

Obtain birth and death certificates, marriage and divorce certificates, passports.

To order an out-of-county Michigan birth certificate visit, www.michigan.gov/mdch

GRATIOT COUNTY HOUSING PROGRAM

(989) 875-5261

214 East Center St., Ithaca, MI 48847

Repairs and improvement for homeowners who live in Gratiot County. To qualify homeowners must have owned their home for at least 1 year, have home owners insurance and taxes must be paid up-to-date. Mobile home owners must be on their own land and home must not be over 10 years old. Homeowners must have matching funds available up to 25%

GRATIOT ISABELLA REGIONAL EDUCATIONAL SERVICE DISTRICT (G/I RESD)

8240 South Genuine, Shepherd, MI 48883

(989) 828-6077

1131 E. Center Street, P.O. Box 310, Ithaca, MI 48847

(989) 875-5101

Early Childhood serves children birth to 5 years old. Includes Special Education, Speech and Language therapy, Occupational and Physical Therapy and Special Education preschool programs.

GRATIOT COUNTY SHERIFF DEPARTMENT

(989) 875-4128

GREAT START COLLABORATIVE OF GRATIOT/ISABELLA COUNTIES

1131 E. Center St. Ithaca, MI 48847 www.greatstartgi.org

(989) 875-5101 ext 292

A partnership of community leaders, health and human services, education and parents created to maintain an early childhood system to coordinate service for children 0-5 years.

GREAT START READINESS PROGRAM

(800) 227-2437

Offers preschool programs for four-year-old children who may be “at risk” of school failure as well as family involvement/parent education components. Call this number or your local elementary school to request a preschool registration.

HABITAT FOR HUMANITY (HFH)

(989) 463-2244

525 N. State St., Suite #8, MI 48880 www.gratiothfh.org

(989) 875-0615

To provide decent, affordable housing for needy families who are willing to partner with Habitat by contributing sweat equity hours toward building the house and are able to repay a 20 year interest free mortgage. They must have had a one year residency in Gratiot County.

HOWE MEMORIAL LIBRARY

(989) 842-3202

128 East Saginaw Street, Breckenridge, MI 48615

Hours: Monday 12:00pm-7:00 pm - Tuesday, Wednesday, Thursday & Friday 11:00 am-5:30 pm. No Saturday hours. Reference information, faxing, copying, computer use, adult reading group, DVD rentals.

HUMAN SERVICES, OFFICE OF

(989) 681-4289

232 N. Mill, P.O. Box 2, St. Louis, MI 48880

Hours :Monday- Friday 9:00 am-12:30 pm

Provide food to those in need in Gratiot County.

Provides clothing and furniture (when available) for a donation.

ISABELLA COUNTY COMMISSION ON AGING

(989) 772-0748

2200 S. Lincoln Rd., Mt. Pleasant, MI 48858 www.isabellacounty.org

In-Home Services; Congregate Nutrition; home delivered meals; Volunteer opportunities; FGP/SCP; activity center; caregiver training and support. Nutrition program covers Isabella and Gratiot Counties. Most programs are for age 60+. Most programs on donation basis.

ITHACA HEAD START

(989) 875-4441

125 S. Maple St. Street, Ithaca, MI 48847

Best time to call is 8:00 am – 8:30 am and 3:30 pm-4:30 pm.

ITHACA PUBLIC SCHOOLS

(989) 875-3700

710 North Union Street, Ithaca, MI 48847 ithacaschools.net

LA LECHE LEAGUE

(989) 463-3681

1042 West Center, Alma, MI 48801

Hours: 24 hours, 7 days a week

Counseling and information for breastfeeding mothers.

LEGAL HOTLINE FOR MICHIGAN SENIORS

(800) 347-5297

A hotline number for questions regarding common legal issues for senior citizens.

Free legal advice and information by appointment for any Michigan resident 60 years or older.

To access the Michigan Pension Rights Project, call the Legal Hotline for Michigan Seniors and specify that you have a pension-related question. You may also sign up for the Medicare Drug Program. Serving Gratiot and Isabella counties. Closed Fridays.

LEGAL SERVICES OF EASTERN MICHIGAN

(800) 322-9142

148 East Main Street, 2nd floor, Suite 207, Midland, MI 48640

Hours: Monday 9:00 am-7:00 pm & Tuesday-Friday 9:00 am-5:00 pm

A non-profit law firm that provides free legal assistance and advice in civil matters to eligible low-income persons: such as housing, DHS and SSA denials, consumer, family law, bankruptcy, garnishment and more. Representation in not guaranteed. We also provide divorce kits, and clinics are available.

LION’S CLUB

St. Louis/Alma

(989) 681-3875

Ashley

(989) 847-2803

Ithaca

(989) 875-4262

Maple Rapids

(989) 236-5372

Perrinton

(989) 236-7663

Furnishes glasses for anyone in need, repairs hearing aids, diabetes program and free camp for sight impaired children. Provides funding for various community projects.

MEN OVERCOMING VIOLENT EXPERIENCES (M.O.V.E.)

989) 773-0078

Sponsored by Women’s Aid Service, Inc.

Group counseling program to provide education and alternatives for men to halt abusive/violent patterns. Fee is based on a sliding scale.

MICHIGAN ENROLLS

(888) 367-6557

EightCAP, Inc. Michigan Enrolls Counselor (989) 463-5693

Beneficiary Help Line for non-enrollment issues (800) 642-3195

Call to apply for a managed care health plan.

MICHIGAN STATE HOUSING DEVELOPMENT AUTHORITY (517) 373-8370

PO Box 30044, Lansing, MI 48909

Income based/low cost rental assistance. Gratiot contact: 1-866-748-8024.

MICHIGAN STATE UNIVERSITY EXTENSION OFFICE (989) 875-5233

214 East Center Street, Ithaca, MI 48847

Hours: Monday-Friday 8:00 am-4:30 pm

Services offered: family resource management, food and nutrition planning, parenting education, 4-H, and budgeting skills. Provides information concerning agriculture.

MICHIGAN WORKS (989) 466-4832

GTEC Building

327 East Center Street, Alma, MI 48801

Hours of operation: Monday-Friday 8:00 am-5:00 pm

Service Area: Gratiot County

Eligible populations: The Michigan Works Service Center employment services are open to everyone. Specialized services may be available to dislocated workers, displaced homemakers, unemployed or underemployed adults and youth.

Services available: job search preparation and skills, resume writing, applications, interviewing, labor market information, Michigan Talent Bank, career assessment, occupational training and employment related support services.

or (888) 811-4832

www.camwc.org

MICHILD/HEALTHY KIDS (888) 988-6300

Provides health insurance for uninsured children of Michigan's working families. Covers regular check-ups, shots, emergency dental care, pharmacy, hospital care, prenatal care and delivery, vision, hearing, mental health and substance abuse services for a \$10.00 monthly fee. Call for an application. You can also call the Mid-Michigan District Health Department.

MID MICHIGAN COMMUNITY ACTION AGENCY COMMODITY SUPPLEMENTAL FOOD PROGRAM (989) 386-3805

1574 E. Washington Rd., PO Box 768, Farwell, MI 48622-0768

A monthly commodity food program for income eligible households with children under 6 years of age or prenatal or postpartum mothers who are not receiving WIC, and senior citizens. Contact Mid Michigan Community Action Agency

MID MICHIGAN COMMUNITY COLLEGE (989) 773-6622

5805 East Pickard, Mt. Pleasant, MI 48858

www.midmich.cc.mi.us/

MID-MICHIGAN DISTRICT HEALTH DEPARTMENT (989) 831-5237

151 Commerce Drive, Ithaca, MI 48847

<http://www.mmdhd.org>

Hours: Monday-Friday 8:00 am-5:00 pm (Closed 12:00 pm-1:00 pm)

Conducts a comprehensive public health and preventative medical program.

Administrative Office

(989) 831-5237

615 North State Road, Stanton, MI 48888

Community Health and Education Division (CHED)

Provides a variety of preventive health services to individuals and families in the community. The Division offers the following programs:

- *Health Education* - providing screening, prevention and wellness education, data tracking, and assessment for community planning. Among them are Mid-Michigan Health Plan and its Prescription Discounts Program, MICHild or the Healthy Kids

program, Maternity Outpatient Medical Services (M.O.M.S.), and Children's Special Health Care Services (CSHCS). To learn more about those programs or to see if you qualify for any of them, please contact us.

- *Maternal and Child Health Programs* - giving financial, social, nutritional, and medical support to qualified families so as to reduce infant mortality, ensuring healthy births and maintain infant and child health.
- *Chronic Disease Control Programs* - focusing on early detection of and referral to specific chronic diseases;
- *Communicable Disease Control Programs* - offering testing, education, prevention and treatment services to control communicable diseases within the community.

Environmental Health Division (EH)

Enforces environment-related laws to protect the health of residents within the Health District's jurisdiction. The division's programs include the following:

- *Food Service Program*-assuring a safe, clean food inspection and education
- *Wastewater Management*-assuring the proper disposal of human wastewater to prevent the spread of disease and viral infection
- *Environmental Quality*-assuring a good quality of life where we live and play
- *Surface and Groundwater Control*-protecting our lakes, streams and the water we drink.

Family Planning

Provides confidential care to men and women in need of contraception, health and pregnancy services. Charges for services and supplies are based on income. For more information or clinics schedule, please contact us or visit the website.

Immunization Clinics

Immunizations will be available for children eight weeks of age through adulthood. Please call your local health department to make an appointment.

Hearing and Vision Screening Clinic

Conducts free hearing and vision screening for children age 3 up to age 21. Please call the following numbers to make an appointment. At the same time, technicians provide screening for preschool and school-age children. Referrals are made to health care providers if needed. For more information, please call (989) 875-1004.

Free and Low-Cost Health Insurance Programs for Children and Pregnant Women

The Mid-Michigan District Health Department offers applications and enrollment assistance for the MICHild, Healthy Kids, & MOMs insurance programs. For more information, please contact (989) 875-3681 ext. 1004.

Women, Infants and Children (WIC)

Services by appointment. For pregnant women, children under five and breast-feeding mothers. Clients must meet certain income guidelines, and be considered at nutritional risk. If eligible, the client will receive coupons (an electronic WIC benefit card for purchasing specific foods at local stores) for specific food redeemable at local stores. For an appointment or more information call (989) 831-5237 (#5).

MID-MICHIGAN HOME CARE AND HOSPICE **(989) 466-3214**

175 E. Warwick Drive, Alma, MI 48801

Hours: Monday-Friday 8:00am-5:00pm.

Post-mastectomy and post-lumpectomy bras and prostheses, medical equipment, life line, oxygen, Hospice, private duty and home care.

MID-MICHIGAN LITERACY COUNCIL **(989) 463-0130**

525 N. State St., Suite #7, Alma, Michigan 48801

Hours: Monday-Thursday 9:00am-5:00pm. (Fridays and evenings by appointment)

Provides free personalized tutoring to residents in Mid Michigan to improve their literacy skills, including: reading, writing, spelling, math, and English as a Second Language.

MID MICHIGAN MIGRANT EDUCATION **(616) 794-4753**

Woodview Elementary School

450 Orchard Street, Belding, MI 48809

Hours: 8:00 am – 4:00 pm; closed three weeks in August

Program provides identification and language assessment for limited English proficient and migrant students; written translations of school documents and classroom communications (English-Spanish); spoken translations for parent-teacher conference, IEPC's and the MEAP; professional support for regular education staff; limited direct tutorial assistance for students.

MID SOUTH SUBSTANCE ABUSE COMMISSION **(517)337-4406**

2875 North Wind Drive, Suite #215, East Lansing, MI 48823. Website mssac.com

Coordinating agency for nine county region of Clinton, Eaton, Gratiot, Hillsdale, Ingham, Ionia, Jackson, Lenawee and Newaygo for substance abuse services.

MONTCALM COMMUNITY COLLEGE **(989) 466-4832**

GTEC-Gratiot Technical Education Center

www.montcalm.edu

327 East Center, Alma, MI 48801

Offers associate degrees and certificates in Liberal Arts and Occupational Programs, job training programs, educational opportunities via credit and noncredit classes, both online and in a traditional classroom setting. On-site workforce training is also available.

MONTCALM COUNTY SHERIFF'S OFFICE **(989) 831-7590**

659 N. State, Stanton, MI 48888 montcalm.org

M-46 TABERNACLE FOOD PANTRY **(989) 833-7625**

11098 Howard City-Edmore Road, Riverdale, MI 48877

Hours: Tuesday 10:30 am. Family size requested

MT. PLEASANT COMMUNITY COUNSELING ASSOCIATES **(989) 773-0222**

500 South Main St. Ste B, Mt. Pleasant, MI 48858

Outpatient mental health counseling services to individuals, couples, families, children, teens and adults. Accept most insurances, but we also have a sliding scale based on income. Starts at \$45.00.

MT. PLEASANT COMMUNITY EDUCATION **(989) 775-2370**

1651 S. Bamber Rd. Mt. Pleasant, MI 48858 www.mpce.org

High School completion, GED preparation and testing, ABE, VISION, community alternatives, Great Start School Readiness, Girls on the Run. Call for more information.

PARENT CHILD INTERACTION THERAPY CLINIC**(989) 774-3904***Central Michigan University, Mt. Pleasant, MI 48859*or **(989) 774-6639**

Please call for payment information; no family will be refused services due to inability to pay. Assessments and therapy for children who exhibit behavior problems that are beyond what is considered normal for their developmental age. The program teaches parents how to improve discipline techniques. It also helps to enhance the quality of parent-child relationships.

PINE REST**1-800-678-5500***300 68th St. SE, Grand Rapids, MI 49548* www.pineresr.org

Inpatient mental health services for child, adolescent, adult, older adult.

Sub-acute detox services-adult, older adult. Substance abuse-intensive outpatient program.

Residential substance abuse-male, female.

PLAID DOOR**(989) 463-1914***220 East Superior Street, Alma, MI 48801*

Hours: Monday-Friday 10:30 am-5:00 pm, Saturday 9:00 am-1:00 pm

Consignment shop selling high-end, low priced, used clothing.

POISON CONTROL CENTER**(800) 222-1222***Helen Devos Children's Hospital with Spectrum Health*

Twenty-four hours a day, seven days a week. Call for any possible poisoning concerns.

POTTER'S HOUSE**(989) 772-5681***5346 E. Deerfield Rd. Mt. Pleasant, MI 48858*We offer a food pantry the 3rd Friday of each month from 11:30 am. - 1:30 pm.**PREGNANCY SERVICES OF GRATIOT COUNTY****(989) 466-2295***303 West Superior, P.O. Box 74, Alma, MI 48801*or **24 hour helpline (800) 395-4357**

Office hours Monday-Thursday 10:00 am-4:00 pm

Services available: free pregnancy tests, abstinence information, adoption information, H.E.A.R.T. (Healing Effects of Abortion Related Trauma), sexual health, parenting classes, playgroups, book clubs for teenage girls concerning relationships, marriage and premarital relationship strengthening sessions, speakers, and referrals. Help with maternity, baby clothing, and baby equipment is also available.

PROJECT FIND (GIRESD)**(989) 779-9434***Mary McGuire Elementary, 4883 East Crosslanes, Mt. Pleasant, MI 48858***(800) 699-5437**

Provides information about special education programs and services. Helps to arrange free evaluation to find out if a child is eligible for free extra help from Michigan public schools.

READING PROGRAM**(989) 463-6255***300 Republic Avenue, Alma, MI 48801*

Free tutoring arranged as needed to help anyone improve reading skills.

RIVER'S EDGE DROP-IN**(616) 522-9773***302 E. Main St. Ste 2, Ionia, MI 48846*

River's Edge Drop-In Center provides a safe, friendly, warm welcome and many different activities and opportunities for adults with severe and persistent mental illness. Must be 18 years old or older and currently or previously involved with a Mental Health Organization. We are all on the journey of recovery. Hours: Monday-Thursday 10:00 am-4:00pm. Friday 3:00pm-9:00pm. May open on Saturday 12:00pm-6:00pm very soon.

SALVATION ARMY (989) 463-2864

425 Republic Avenue, Alma, MI 48801

Hours: Monday-Thursday 9:00 am-4:00 pm (closed 12:00 pm-1:00 pm) &
Friday 9:00 am-12:00 pm

Shelter, utilities and discretionary fund for prescription assistance (when available funds),
Christmas assistance, food pantry, and distribution of commodities. Building is available for use
by the community.

ST. LOUIS CHURCH OF CHRIST (989) 681-2524

1075 W. Monroe rd., St. Louis, MI 48880

Fourth Thursday of the month only.

ST. LOUIS FIRST BAPTIST CHURCH (989) 681-3223

120 Michigan Ave., St. Louis, MI 48880

Monday, Wednesday, Thursday 9:00 am to 12:00 noon. Other times by appointment.

ST. LOUIS HEAD START (989) 681-5492

121 I & K Street, Room 107, St. Louis, MI 48888

Best time to call is 8:00am -8:30 am and 3:30 pm-4:30 pm.

ST. LOUIS HOUSING COMMISSION (989) 681-5100

308 South Delaware, St. Louis, MI 48880

Hours: Monday-Friday 8:00 am-4:30 pm (closed 11:30 am-1:00 pm)

Income based rental programs (Section 8 voucher and low rent units).

ST. LOUIS PUBLIC SCHOOLS (989) 681-2545

113 East Saginaw Street, St. Louis, MI 48880

ST. VINCENT DE PAUL FOOD PANTRY (989) 828-5720

205 Maple Street, Shepherd, MI 48883

Hours: Call Monday 1:00 pm-3:00 pm for Tuesday pick-up. Call Wednesday 1:00 pm-3:00 pm
for Thursday pick-up. By appointment only.

Available for North Gratiot County.

Need to provide drivers license and Social Security cards for all members of household.

2 sacks of groceries available per family once every 2 months. Bring 8CAP commodity card.

SEVENTH DAY ADVENTIST CHURCH OF ALMA (989) 463-4512

3067 W. Monroe Road, Alma, MI 48801

Food pantry. Fourth Monday of the month 10:00 am – 11:30 am. Will help each month.

SEVENTH DAY ADVENTIST CHURCH OF RIVERDALE (989) 427-5297

6392 N. Lumberjack Rd., Riverdale, MI

Food pantry. Third Monday of the month 10:00 am – 11:00 am.

SEVILLE TOWNSHIP PUBLIC LIBRARY (989) 833-7776

6734 North Lumberjack Road, Riverdale, MI 48877

Hours: Monday, Tuesday, & Friday 9:00 am-5:00 pm; Wednesday 2:00 pm-7:00 pm;
& Saturday 9:00 am-12:00 pm. Primary services include book, audio book and video checkout.
Computers available for public use, printing, copying, faxing available for a small fee.

SOCIAL SECURITY ADMINISTRATION (800) 772-1213
1940 Sweeney Street, PO Box 428, Mt. Pleasant, MI 48858 (989) 773-5411
730 Water Tower Road, Big Rapids, MI 49307 (231) 796-6977
50 College Street SE, Grand Rapids, MI 49503 (616) 742-2373
Hours: Monday-Friday 9:00am-4:00pm. TTY (800) 325-0778
Administers the social security and SSI income program for disabled persons of any age.

SOUTHWEST GRATIOT AREA FOOD PANTRY (989) 236-7686
New Haven Church of the Brethren
7587 Grant Rd., Middleton, MI

SPECIAL OLYMPICS MICHIGAN (989) 774-3911
Central Michigan University, East Campus Drive, Mt. Pleasant, MI 48859
State office for the Special Olympics Program.
Year round sports training and competition to individuals who are intellectually disabled.
The minimum age for competition is 8 years but we do offer training opportunities for young athletes, ages 2 to 7.

T.A. CUTLER MEMORIAL LIBRARY (989) 681-5141
312 Michigan Avenue, St. Louis, MI 48801
Hours: Monday & Tuesday 10:00 am-7:00 pm, Wednesday 10:00 am-5:00 pm,
Thursday 10:00 am -7:00 pm, Friday 10:00 am-5:00 pm. Saturdays 10:00 am-2:00 pm
during school year only.

THOMPSON HOME PUBLIC LIBRARY (989) 875-4184
125 West Center Street, Ithaca, MI 48847
Hours: Monday & Wednesday 10:00 am-8:00 pm; Tuesday, Thursday & Friday 10:00 am-5:00 pm. Saturday 10:00 am-2:00 pm.

TRI-COUNTY PEOPLE FUND (800) 562-8232
Provides coverage to southern portion of Gratiot County.
Contact Person: Denise

The mission of Tri-County People Fund is the accumulation and disbursement of funds for charitable purposes for the benefit of persons in the Tri-County Electric service area. This shall be accomplished by disbursement of funds to individuals and organizations for food, shelter, clothing, health, and other humane needs for programs or services that benefit a significant segment of a community.

See <http://www.homeworks.org/homepeoplefund.htm> for more information.

TWO RIVERS COUNSELING (517) 647-4747
307 Kent Street, Portland, MI 48875
Briggs, Margery, MPA, LMS, ACSW, CAAC
Provides adult, teen and family counseling and substance abuse services. Other addictions include gambling.
Fees: Does participate with some insurance.

UNITED METHODIST CHURCH (989) 842-5813
125 Third St., Breckenridge, MI 48615
Tuesday 10:00 am to 12:00 noon. Thursday 2:00 pm to 4:00 pm. Breckenridge, Wheeler and Merrill residents only. Pickup every 60 days.

UNITED WAY OF GRATIOT COUNTY

(989) 463-6245

525 N. State St. Suite #1, Alma, MI 48801 website: www.gratiotuanitedway.com

Hours: Monday-Thursday 9:00 am-4:00 pm

Community fund raiser to support non-profit agencies in Gratiot County.

USDA RURAL DEVELOPMENT

1-800-944-8119

1075 Cleaver Rd., Caro, MI 48723

Ask to be transferred to Caro Area office x6

www.rurdev.usda.gov

USDA Rural Development Single Family Housing Program

Finances direct home loans in rural areas for modest housing to households at or below 80% of the adjusted median income. Provides guaranteed loans to eligible low and moderate income rural residents for moderately priced housing. Issues loans and grants to very-low income rural homeowners to improve or modernize their home; make their home decent, safe and sanitary; remove health and safety hazards; or to repair or remodel their dwelling to make it more accessible and usable for household members with disabilities. Visit our website at www.rurdev.usda.gov.

WOMEN OVERCOMING VIOLENT EXPERIENCES (W.O.V.E.)

(989) 773-0078

Sponsored by Women's Aid Service, Inc.

Group counseling program to provide education and alternatives for women to halt abusive/violent patterns.

WOMEN'S AID SERVICE

(989) 463-6014

PO Box 743, Mt. Pleasant, MI 48804

Service Areas: Isabella, Gratiot, and Clare Counties

24 Hour Crisis Intervention

Emergency Shelter Services for women and children who are victims of domestic violence and/or sexual assault. Intervention and prevention services are provided for survivors of domestic violence and sexual assault.

Children's Services are designed to help meet the needs of children from homes experiencing domestic violence. The children's counselor also works with mothers in the shelter on parenting skills.

Outreach Services are available to victims of domestic violence who are seeking emergency shelter services or who are former shelter residents or victims of sexual assault. This program is offered in the women's home when appropriate. Services include counseling, advocacy, support, community referrals, and transportation to appointments.

Batterer's Intervention program also available.

Support Groups are offered for domestic violence victims & sexual assault victims, facilitated by staff members in Isabella, Gratiot and Clare counties.

WRAPAROUND PROGRAM

(989) 875-8238

201 Commerce Drive, Ithaca, MI 48847

A program designed to help children and families meet their common goals by accessing resources to help to keep families together who are at risk of having children removed from the home or to help families to bring their children back home.

DENTISTS

BAMFIELD, MARTHA A. (989) 875-2888

610 North Pine River Street, Ithaca, MI 48847

Accepting new patients.

Participates with Healthy Kids and MICHild.

BAY CITY DENTAL CLINIC (989) 892-7062

1411 Center Ave. Bay City, MI 48707

Accepting new patients.

Participates with Medicaid, Healthy Kids, MICHild and Delta Dental.

CLINTON COUNTY DENTAL CENTER (866) 831-7071

1307 Townsend Road, St. Johns, MI 48879

Providing adult care for Gratiot and Clinton County residents with some Medicaid plans.

DEXTER, SCOTT (989) 772-3046

1234 East Broomfield, Mt. Pleasant, MI 48858 (Friday Hours only) or (517) 321-8280

815 Kids Court, Lansing, MI 48917 (Monday-Thursday Hours)

Accepting new patients.

Participates with Healthy Kids.

Does not participate with Medicaid.

Pedodontist-serves children 1-14 years of age.

DONAHUE, TIMOTHY (989) 584-3171

323 W. Maple St., Carson City, MI 48811

Accepting new patients.

Participates with Delta Healthy Kids.

Does not accept Medicaid.

FERRIS STATE UNIVERSITY DENTAL CLINIC (231) 591-2260

200 Ferris Drive, Big Rapids, MI 49307

Open September through May.

Reasonable fees; participates with Medicaid.

Services provided by student dental hygienists under the supervision of registered dental hygienists and dentists.

Services provided: teeth cleaning, sealants, fluoride, cancer screening of head and neck and x-rays.

FRUTIGER, RICHARD C. (989) 463-5392

226 North State, Alma, MI 48801

Accepting new patients.

Participates with Healthy Kids and MICHild.

GOODELL, STEPHEN G. (989) 681-2002

405 East Washington, St. Louis, MI 48880

Accepting new patients.

Does not participate with Medicaid.

HICK, ALAN R. **(989) 842-3151**

422 West Chestnut, Breckenridge, MI 48615

Accepting new patients.

Participates with Healthy Kids and MICHild, with current patients only.

JARMAN, ROY, DDS (ORAL AND MAXILLO FACIAL SURGERY) **(989) 772-9402**

211 S Crapo St., Mt. Pleasant, MI 48858

Accepting new patients.

Accepts Delta Dental Premier and most other insurances.

LANSING COMMUNITY COLLEGE DENTAL CLINIC **(517) 483-1458**

Lansing, MI 48901

Participates with Medicaid for children and adults. Does not participate with Healthy Kids.

LENNAN, JAMES R. **(989) 642-2750**

15741 Gratiot Road, Hemlock, MI 48622

Accepting new patients.

Does not participate with Medicaid.

LOWE, GREG W. **(989) 681-3050**

622 East Washington, St. Louis, 48880

Accepting new patients.

Participates with Healthy Kids and MICHild.

Not accepting new Medicaid patients.

MCDONALD, THOMAS **(989) 463-4036**

306 North State, Alma, MI 48801 Website almadentalexcellance@yahoo.com

Accepting new patients.

Participates with Healthy Kids and MICHild.

MONTCALM AREA HEALTH CENTER **(616) 225-9650**

A branch of Cherry Street Health Services

306 Maplewood, Greenville, MI 48838

Accepting new patients.

Accepts most Medicaid plans, Medicare, Commercial insurance and offer discounted sliding scale fees based on federal guidelines.

MORGAN FAMILY DENTISTRY **(989) 427-3430**

1315 E. Howard City, Edmore, MI 48886

Accepting new patients. Participates with Delta Dental. MICHild and Healthy Kids.

Does not participate with Medicaid.

NESTER, DALE **(989) 875-2888**

610 North Pine River, Ithaca, MI 48847

Accepting new patients.

Participates with Delta Dental, Healthy Kids and MICHild.

PIESKO, FRANK M. **(989) 642-2750**

15741 Gratiot Road, Hemlock, MI 48622

Accepting new patients.

Participates with Healthy Kids and MICHild.

RIOPELLE, DARREN M. **(989) 875-4832**

108 South Main, Ithaca, MI 48847

Accepting new patients.

Participates with Healthy Kids.

SCHLUCKEBIER, GARY **(989) 875-4721**

921 North Pine River, Ithaca, MI 48847

Accepting new patients.

Participates with Healthy Kids and MICHild.

SIBLE, GLEN, DDS **(989) 584-3100**

121 North Division, Carson City, MI 48818

Accepting new patients, but does not accept Medicaid.

Participates with Delta Dental, Blue Cross Blue Shield, Healthy Kids and MICHild.

SIKORA, KEITH G. **(989) 463-4711**

1317 Pine Avenue, Alma, MI 48801

Accepting new patients.

Participates with Healthy Kids and MICHild.

UNIVERSITY OF MICHIGAN DENTAL SCHOOL **(734) 763-6933**

Ann Arbor, MI 48101

Call for more information regarding Medicaid participation for adults.

WASSENAAR, SARAH **(989) 463-5392**

226 North State, Alma, MI 48801

Accepting new patients.

Participates with Healthy Kids and MICHild.

*Call for appointments at above offices and ask if they participate with your type of insurance.
Participation in insurance programs may change.*

DOCTORS

ALMA FAMILY PRACTICE

(989) 463-2181

1335 Pine Avenue, Alma, MI 48801

Gruca, Paul, M.D.

Holmes, C. Jeffrey, M.D.

Tubbs, Craig, M.D.

Strom, Scott, D.O.

Floriano, Kelly, P.A.-C

Warner, Kenneth, P.A.-C

Offers evening hours Monday, Tuesday, Wednesday until 8:30 pm.

Participates with Medicaid. Accepting new patients on a limited basis.

ASHLEY CLINIC

(989) 847-2621

320 S. Sterling Street, P.O Box 96, Ashley, MI 48806

Morris, Roger, D.O.

Worsley, Sara, P.A..

Participates with Medicaid. Accepting new patients..

CARSON FAMILY CARE CENTER

(989) 584-1308

103 S. 3rd St. Suite 100, Carson City, MI 48811

Despotovic, Novak, M.D

Heinlen, Lene, M.D

Terry, Patricia, CSFNP

Wunderlee, Mary, D.O

Participates with Medicaid. Accepting new patients.

CENTER FOR WOMEN'S HEALTH

(989) 875-4800

114 North Main Street, Ithaca, MI 48847

OB/GYNS

Becher, Michelle, D.O.

Carman, Jennifer M., M.D.

Russell, Jan, RNC, BSN, OGNP

EDMORE CARE

(989) 427-3331

223 W. Main St., Edmore, MI 48829

Alvarez, Charlotte, M.D.

Clouse, Paul, PA-C.

Participates with Medicaid. Accepting new patients.

FAMILY MEDICAL CARE

(989) 842-3118

302 West Chestnut St., Breckenridge, MI 48615

Mata, Heather P.A.C.

Pavuluri, Veera M.D.

Participates with Medicaid. Accepting new patients.

FAMILY MEDICAL CARE**(989) 875-5111***121 North Pine River Street, Ithaca, MI 48847*

Stack, Michael, M.D.

Morrisey, Crystal, P.A-C

Participates with Medicaid. Accepting new patients.

GRATIOT FAMILY PRACTICE**(989) 463-3101***160 Warwick Drive, Alma, MI 48801*

Bigelow, Lisa, Nurse Practitioner

Breen, Deborah, P.A.

Chessin, Vicki, M.D.

Hall, James, M.D.

Murray, Christopher, D.O.

Novak, Troy, P.H.D.

Stefanek, Gregg, D.O.

Accepting new patients.

GRATIOT MEDICAL CENTER URGENT CARE & OCCUPATIONAL HEALTH*321 East Warwick, Alma, MI 48801***(989) 466-3332**

Hours Monday-Friday 7:00 am-8:00 pm. Saturday-Sunday 8:00 am.-6:00 pm.

Participates with Medicaid-Molina and McLaren. 20% discount for no insurance.

Walk in clinic.

ITHACA FAMILY CARE CENTER**(989) 875-4166***114 N. Main Street, Ithaca, MI 48847*

Anderson, Russell, D.O.

Freestone, David, M.D.

Knight, Thomas, P.A.

Palmer, Elizabeth, D.O.

Offers evening hours and walk-in urgent office visits.

Participates with Medicaid. Accepting new patients.

ITHACA FAMILY PRACTICE**(989) 875-3722***820 N. Pine River Street, Ithaca, MI 48847*

Chimo, Cathy, PA

Prouty, Donald, M.D.

Wednesday evening hours not available to PA-C appointments. Accepting new patients.

Prefer new patients see PA-C. Participates with Medicaid-McLaren and Molina.

LYONS FAMILY CARE CENTER**(989) 855-3345***505 E. Bridge St., Lyons, MI, 48851*

Participates with Medicaid, Priority Health and most private insurances.

MID MICHIGAN DERMATOLOGY**(989) 875-8564***114 North Main, Ithaca, MI 48847*

Miller, Ronald

MONTCALM AREA HEALTH CENTER**(616) 225-9650**

A branch of Cherry Street Health Services

306 Maplewood, Greenville, MI 48838

Accepting new patients.

Accepts most Medicaid plans, Medicare, Commercial insurance and offer discounted

Sliding fees based on federal guidelines.

PEDIATRIC SPECIALTY CENTER**(989) 463-2966**

7320 North Alger Road, Suite G, Alma, MI 48801

Lossio, Francisco, M.D.

Pavuluri, Anuradha, M.D.

Pawar, Anjali, M.D.

Sundaram, Shobana, M.D.

Participates with Medicaid. Accepting new patients.

PLEASANT WOMEN'S CARE**(989) 772-3009**

1970 Ashland, Mt. Pleasant, MI 48858

Traenkle, Diane, D.O.

Participates with McLaren, Molina and straight Medicaid.

SHERIDAN CARE**(989) 291-5077**

303 Congress St., Sheridan, MI 48884

Steury, Niki, D.O.

Thwaites, Brian, PA-C.

Participates with Medicaid. Accepting new patients.

STANTON 1ST CARE**(989) 831-7200**

620 W. Main St., Stanton, MI 48884

Cunningham, Darrell, D.O.

Aultman, Deb, RD, PA-C

Participates with Medicaid. Accepting new patients.

ST. LOUIS FAMILY CLINIC**(989) 681-3524**

224 North Mill Street, St. Louis, MI 48880

Medlery, Veeresh, M.D. Vanderlugt, Gerrit, D.O.

Participates with Medicaid. Accepting new patients by application.

Call for appointments at above offices and ask if they participate with your type of insurance.

Participation in insurance programs may change.

EYE DOCTORS

ALLEN, JOHN (989) 875-4600

P.O. Box 100, Ithaca, MI 48847

Accepting new patients; will see 3-5 year old children
Does not participate with Medicaid.

CHURCH, LYNN (989) 466-2020

322 North State Street, Alma, MI 48801

Accepting new patients; will see 3-5 year old children.
Does not participate with Medicaid.

EVANS, LAWRENCE M. (989) 463-3937

120 Warwick Drive, Alma, MI 48801

Not seeing pediatrics.
Does not participate with Medicaid.

NEAR, STEPHEN K. (989) 681- 2684

235 North Mill Street, St. Louis, MI 48880

Accepting new patients; will see 3-5 year old children.
Participates with Straight Medicaid and Molina.

SEALS, TACIA, BARTZ OPTOMETRISTS (989) 463-1139

1321 Pine Avenue, Alma, MI 48801

Accepting new patients; will see 3-5 year old children.
Infancy program also.
Participates with Straight Medicaid and McLaren.

THE EYESITE (989) 773-2020

1234 E. Broomfield, Mt. Pleasant, MI 48858 www.the-eyesite.com

Comprehensive vision care.

VISION SERVICE PLAN (616) 754-9315 x 3364

Contact: Head Start Health Staff

or (866) 754-9315 x 3364

The gift certificate will pay for an eye exam and glasses for any child 18 years and younger who has not graduated from high school. Available once a year to children whose families meet the income guidelines and do not have vision insurance.

Call for appointments at above offices and ask if they participate with your type of insurance.

Participation in insurance programs may change.

WAL*MART VISION (989) 463-6292

7945 Alger Road, Alma, MI 48801

Accepting new patients; will see 3-5 year old children.
Does not participate with Medicaid.

WAL*MART VISION CENTER (989) 773-9714

4730 Encore Blvd. Mt. Pleasant, MI 48858

Optometrist located next to vision center. Vision center open 7 days a week.
Accepting new patients. Participates with Molina.
Optometrist available for evening and Saturday appointments.

WOLVERINE OPTICAL

(989) 463-1838

7314 North Alger Road, Alma, MI 48801

Accepting new patients; will see 3-5 year old children.

Participates with Straight Medicaid and the McLaren Medicaid plan.

HOSPITALS

CARSON CITY HOSPITAL (989) 584-3131

406 East Elm Street, Carson City, MI 48811

CENTRAL MICHIGAN COMMUNITY HOSPITAL (989) 772-6700

1221 South Drive, Mt. Pleasant, MI 48858

CLINTON MEMORIAL HOSPITAL (989) 224-6881

805 North Oakland, St. Johns, MI 48879

GRATIOT MEDICAL CENTER (989) 463-1101

300 Warwick Drive, Alma, MI 48801

PINE REST CHRISTIAN MENTAL HEALTH SERVICES (800) 678-5500

300 68TH Street SE PO Box 165. Grand Rapids, MI 49501

SHERIDAN COMMUNITY HOSPITAL (989) 291-3261

301 n. Main, Sheridan, MI 48884

SPARROW HOSPITAL (517) 364-1000

1215 E. Michigan, Lansing, MI 48912

SPECTRUM HEALTH BLODGETT HOSPITAL (616) 774-7444

1840 Wealthy St. SE, Grand Rapids, MI 49506

SPECTRUM HEALTH BUTTERWORTH HOSPITAL (616) 391-1774

100 Michigan St. NE, Grand Rapids, MI 49503

SPECTRUM HEALTH KELSEY HOSPITAL (989) 352-1502

418 Washington Ave., Lakeview, MI 48850

HOUSING (LOW INCOME)

ALMA APARTMENTS (989) 463-5829

240 Windsor Street, Alma, MI 48801

ALMA HOUSING COMMISSION (989) 463-4200

400 East Warwick Drive, Alma, MI 48801

COUNTRYSIDE APARTMENTS (989) 466-5971

1346 Charles Avenue, Alma, MI 48801

HIDDEN PINES TOWNHOMES (616) 754-9605

1201 S. Center St #31, Greenville, MI 48838

We provide Section 8 housing.

ITHACA ONE APARTMENTS (989) 875-7006

532 South St. Johns Street, Ithaca, MI 48847

OAKWOOD APARTMENTS (616) 788-7985

908-914 E. Oak, Box 493, Greenville, MI 48838

One and two bedroom apartments.

PARK COLONY APARTMENTS (989) 875-3873

935 E. Arcada, Ithaca, MI 48847

We are an elderly(62 or older) or disabled of any age community.

Rent is based on income. Barrier free available.

PINE MANOR APARTMENTS (616) 754-9605

1201 S. Cedar St. #31, Greenville, MI 48838

We provide housing for anyone over 62, handicapped or disabled of any age.

PINE VILLA (989) 463-5666

425 Warwick Drive, Alma, MI 48801

PINESTEAD PLACE (989) 842-5805

224 South Pine Street, Breckenridge, MI 48615

Housing for elderly(62 or older) or disabled of any age.

PINE WINDS APARTMENTS (989) 463-2586

1050 Bridge Street, Alma, MI 48801

Rural Development and HUD housing.

SHEPLEY APARTMENTS (989) 463-2586

1050 Bridge Street, Alma, MI 48801

Rural Development and HUD housing.

ST. LOUIS HOUSING COMMISSION (989) 681-5100

308 South Delaware Street, St. Louis, MI 48801

1-800 HOTLINE NUMBERS

AIDS NATIONAL HOTLINE 24 HOUR **1-800-232-4636**

BOYS & GIRLS TOWN NATIONAL HOTLINE **1-800-448-3000**

Counselor on hand to talk about problems or concerns with parents and children.
Helps to resolve child/parent conflict.

CENTER FOR DISEASE CONTROL AND PREVENTION INFORMATION HOTLINE

1-800-244-6224

Provides health information on diseases and health topics.

CENTER FOR MISSING & EXPLOITED CHILDREN **1-800-843-5678**

Report missing children and child pornography, provides publications on missing children.

CHILD FIND OF AMERICA **1-800-426-5678**

Helps locate children under the age of 18, runaways and parental or stranger abductions. Provides mediation for child custody disputes. Safety information and prevention material available.

CHILD HELP USA INFORMATION CENTER **1-800-422-4453**

Will send literature on abuse or you can speak to a counselor.

CONSUMER CREDIT COUNSELING SERVICE **1-800-388-2227**

CONSUMER PRODUCT SAFETY COMMISSION **1-800-638-2772**

Report unsafe products or to get information on product recalls.

FAMILY SUPPORT NETWORK **1-800-359-3722**

Tries to match families to other families with similar concerns and problems for support of one another in raising children with special needs.
Contact if interested in information in Children's Special Health Care services.

FOOD AND NUTRITION PROGRAM HELPLINE **1-800-481-4989**

Food stamp eligibility screening and advocacy.

MOTHERS AGAINST DRUNK DRIVING (MADD) **1-800-438-6233**

Donations accepted, victim assistance, statistics, and local information.

MEDICAID HELPLINE **1-800-642-3195**

PARENT HELPLINE **1-800-942-4357**

Statewide hotline for parents concerned with parenting skills and for anyone concerned with child abuse and neglect. Offering immediate crises coping and information and referral.

PARENTING HOTLINES:

<u>DEPRESSION AFTER DELIVERY</u>	<u>1-800-944-4773</u>
<u>ENFAMIL'S FAMILY BEGINNINGS PROGRAM</u>	<u>1-800-222-9123</u>
<u>GERBER HOTLINE</u>	<u>1-800-443-7237</u>
<u>POISON CONTROL</u>	<u>1-800-222-1222</u>
<u>RUNAWAY ASSISTANCE PROGRAM (RAP)</u>	<u>1-800-292-4517</u>
Crisis hotline for runaway teens and their families. 24 hours/7 days a week. Helps teens find shelter and other referrals. Crisis intervention for parents concerned with at-risk runaways.	
<u>SEXUAL ASSAULT HOTLINE</u>	<u>1-800-656-4673</u>
<u>SUICIDE PREVENTION LIFELINE</u>	<u>1-800-273-8255</u>
<u>THURSDAY'S CHILD</u>	<u>1-800-872-5437</u>
A 24-hour live-answered hotline listed for teens who need help or direction with anorexia, bulimia or for teen suicide. Deals with runaways, missing children, exploited children, teen pregnancy, teen prostitution, teen substance abuse, self-cutting, and STD's.	
<u>USDA MEAT AND POULTRY HOTLINE</u>	<u>1-800-535-4555</u>
Helps answer questions about meat, safe handling, storage, etc.	
<u>VULNERABLE ADULTS & SENIORS HELPLINE</u>	<u>1-800-996-6228</u>
Connects adults with local Adult Protective Services if sexual or physical abuse or exploitation is suspected. Offer immediate crises coping information and referral.	
<u>WE TIP HOTLINE</u>	<u>1-800-782-7463</u>
A national hotline to report criminal activity.	
<u>MICHIGAN PROBLEM GAMBLING HELPLINE</u>	<u>(800) 270-7117</u>

APPENDIX A

ALMA

FIRST PRESBYTERIAN CHURCH FOOD PANTRY (989) 463-2940

495 Charles Avenue, Alma, MI 48801

Hours: Tuesday 1:30 pm – 3:30 pm. Servicing Alma, Riverdale, Elm Hall and Elwell.
You may receive food every other month, six times a year. Bring a picture ID.

GOOD SHEPHERD LUTHERAN CHURCH (989) 463-3056

7400 Begole Rd., Alma, MI 48801

Food pantry. Monday through Friday 9:00 am to 3:00 pm.

SALVATION ARMY (989) 463-2864

425 Republic Avenue, Alma, MI 48801

Hours: Monday-Thursday 9:00 am-4:00 pm (closed 12:00 pm-1:00 pm) &
Friday 9:00 am-12:00 pm

Shelter, utilities and discretionary fund for prescription assistance (when available funds), Christmas assistance, food pantry, and distribution of commodities. Building is available for use by the community.

SEVENTH DAY ADVENTIST CHURCH OF ALMA (989) 463-4512

3067 W. Monroe Rd. Alma, MI 48801

Food pantry. Fourth Monday of the month 10:00 am – 11:30 am. Will help each month.

BRECKENRIDGE

UNITED METHODIST CHURCH (989) 842-5813

125 Third St. , Breckenridge, MI 48615

Tuesday 10:00 am to 12:00 noon. Thursday 2:00 pm to 4:00 pm. Breckenridge, Wheeler and Merrill residents only. Pickup every 90 days.

ELSIE

ELSIE UNITED METHODIST CHURCH FOOD PANTRY (989) 862-5500

Elsie American Legion

220 South Ovid Street, Elsie, MI 48831

Hours: Monday & Wednesday 8:00 am-9:00 am. One sack a month.

FARWELL

MID MICHIGAN COMMUNITY ACTION AGENCY COMMODITY SUPPLEMENTAL FOOD PROGRAM (989) 386-3805

1574 E. Washington Rd., PO Box 768, Farwell, MI 48622-0768

A monthly commodity food program for income eligible households with children under 6 years of age or prenatal or postpartum mothers who are not receiving WIC, and senior citizens.

Contact Mid Michigan Community Action Agency

ITHACA

FIRST PRESBYTERIAN CHURCH FOOD PANTRY (989) 875-4437

218 East Newark Street, Ithaca, MI 48847

Hours: Wednesday 9:30-11:30 am. 2nd Wednesday of month 6:30-7:30 pm

Gratiot County residents only, south of Tyler Rd.

You may receive food once every 2 months. Bring one form of identification.

MIDDLETON

SOUTHWEST GRATIOT AREA FOOD PANTRY (989) 236-5109 or 584-3606

New Haven Church of the Brethren

7587 Grant Rd., Middleton, MI

Call for an appointment. Open 2nd and 4th Thursday of each month. 4:00pm-6:00pm.

MT. PLEASSANT

POTTER'S HOUSE (989) 772-5681

5346 E. Deerfield Rd, Mt. Pleasant, MI 48858

The third Friday of each month from 11:30 am.-1:30 pm.

RIVERDALE

M-46 TABERNACLE FOOD PANTRY (989) 833-7625

11098 Howard City-Edmore Road, Riverdale, MI 48877

Hours: Tuesday 10:30 am. Family size requested

SEVENTH DAY ADVENTIST CHURCH OF RIVERDALE (989) 427-5297

6392 N. Lumberjack Rd., Riverdale, MI

Food pantry. Third Monday of the month 10:00 – 11:00 am.

SHEPHERD

ST. VINCENT DE PAUL FOOD PANTRY (989) 828-5720

205 Maple Street, Shepherd, MI 48883

Hours: Call Monday 1:00 -3:00 pm for Tuesday pick-up. Call Wednesday 1:00 -3:00 pm for Thursday pick-up. By appointment only. Available for North Gratiot County.

Need to provide drivers license and Social Security cards for all members of household.

Two sacks of groceries available per family once every 2 months. Bring 8CAP commodity card.

ST. LOUIS

HUMAN SERVICES, OFFICE OF (989) 681-4289

232 N. Mill, P.O. Box 2, St. Louis, MI 48880

Food Pantry

- Hours: Monday-Friday 9:00 am-12:30 pm
- Supported by St. Louis Ministerial Association
- Food available once every 90 days for Gratiot County residents only.

- Need to provide driver's license, proof of income, and Social Security numbers for all members of household.

ST. LOUIS CHURCH OF CHRIST **(989) 681-2524**

1075 W. Monroe rd., St. Louis, MI 48880

Fourth Thursday of the month only.

ST. LOUIS FIRST BAPTIST CHURCH **(989) 681-3223**

120 Michigan Ave., St. Louis, MI 48880

Monday, Wednesday, Thursday 9:00 am to 12:00 noon. Other times by appointment.

WHEELER

AMAZING GRACE OUTREACH **(989) 842-5813**

8389 N. Wheeler Road, Wheeler, MI 48662

Hours: Tuesday and Thursday 10:00 am-2:00 pm

Free food (can use up to 4 times per year) prices. Must furnish picture ID with current address.

Michigan Government Directory

Governor of Michigan

The Honorable Jennifer Granholm P.O. Box 30013 Lansing, MI 48909
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United States Senators

The Honorable Carl Levin 269 Russell Bldg. Senate Office Building Washington, D.C. 20510	The Honorable Debbie Stabenow 133 Hart Bldg. Senate Office Building Washington, D.C. 20510
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United States House of Representatives

The Honorable Dave Camp 341 Cannon House Office Building Washington, D.C. 20515 Serves Montcalm, Gratiot, & Isabella District 4	The Honorable Vern Ehlers 2182 Rayburn House Office Building Washington, D.C. 20515 Serves Ionia & Kent District 3
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Michigan Senators

The Honorable Alan Cropsy 8 Capitol Bldg. P.O. Box 30036 Lansing, MI 48909-7536 Serves Montcalm, Ionia, & Isabella District 33	The Honorable Roger Kahn 420 Farnum Bldg. P.O. Box 30036 Lansing, MI 48909-7536 Serves Gratiot District 32
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Michigan House of Representatives

The Honorable Mike Huckleberry S1089 House Office Bldg. P.O. Box 30014 Lansing, MI 48909-7514 Serves Montcalm & Ionia District 70	The Honorable Brian Calley N1191 House Office Bldg. P.O. Box 30014 Lansing, MI 48933 Serves Ionia & Barry District 87
The Honorable Paul Opsommer N1197 House Office Bldg. P.O. Box 30014 Lansing, MI 48933 Serves Gratiot & Clinton District 93	The Honorable Bill Caul S1288 House Office Bldg. P.O. Box 30014 Lansing, MI 48933 Serves Isabella & Midland District 99